

# Men's Sexual Addiction Therapy Group

## Eric Anderson LMFT CSAT



**Eric Anderson**  
LMFT CSAT

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**Eric is pleased to offer group therapy to help those struggling with sex and pornography addiction build support and community and jump start their recovery.**

### **Group Times:**

**Monday Evenings**

**5-6:30pm**

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**Tuesday Afternoons**

**12-1:30pm**

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**Wednesday Evenings**

**6:30-8pm**

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**Thursday Mornings**

**7:30-9am**

### **Group therapy will help:**

- **Enhance your recovery.**
- **Build your support and accountability.**
- **Gain understanding of the addictive process and learn how to reverse it.**
- **Equip you to address the impact of your behavior on your relationship(s).**